



Old advice on new bags: ESVAGT's seamen have been given a shoulder bag for carrying small items around on board with the old words of wisdom "One hand for the ship, one hand for yourself" stitched on to it.

Jan 29, 2016 09:02 CET

## One hand for the ship, one hand for yourself

## The classic maritime tip revived to reduce occurrence of minor injuries.

Some words advice and warnings are spoken so often that you forget about what they actually mean.

"Cycle carefully," your mother said before you set off for school ... yet you still raced with others or cycled without your hands on the handlebars.

The "cycle carefully" in the world of the mariner is a well-known phrase: "one hand for the ship, one hand for yourself." Now ESVAGT is making a stand and reviving the value of these words: Mariners have been given a shoulder bag – and this good advice is stitched on the flap.

"Injuries do not tend to occur during the major, risky operations," says Jesper Møhring Madsen, HSEQ Manager for ESVAGT:

"We get injured during our day-to-day activities: when we try to balance a coffee cup and a computer or when we forget to adjust to how a normally safe road is more risky in heavy winds," he says.

The shoulder bag can solve a practical problem – put the computer in the bag so that you have one hand for the coffee cup and another hand for the ship – and remind us that safety is something that we should always be aware of," says Jesper Møhring Madsen:

"Safety is a perishable item that needs constant renewal," he points out.

ESVAGT is a dedicated provider of safety and support at sea, founded on an experienced and well-trained offshore crew and unmatched rescue capabilities.

We support the offshore Oil & Gas industries with a wide range of specialized services: Standby, Emergency Response and Resque Vessels (ERRV), Oil spill response, Firefighting, Tanker assists, Rig moves, Supply services and Interfield transfer of cargo and personnel.

In 2010, ESVAGT brought the dedicated offshore wind Service Operation Vessels (SOV) to the market. The SOVs provide accommodation for up to 40 technicians, storage for small turbine parts and a workshop, plus personnel and equipment transfer capabilities by either Walk-to-Work gangway system or Safe Transfer Boats.

ESVAGT was founded in 1981 and has a fleet of more than 40 vessels and more than 900 employees on- and offshore.

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